

Job Description  
SERVICE

CATHOLIC COMMUNITY

419 Sixth Street, Juneau, AK 99801  
907 463-6100 --

www.ccsjuneau.org

\_\_\_\_\_  
*Name*

HHCJ Physical Therapist  
*Job Title*

\_\_\_\_\_  
*Supervisor*

HHCJ Program Manager  
*Supervisor's Title*

Juneau / Administrative Office  
*Location*

Background Check/Fingerprinting: Annual  
Employee Requirements: TB Vaccine,  
Professional License, Malpractice Insurance,  
Proof of Current Auto Insurance, AK Drivers  
License, CPR, Fire/Disaster In service, Infection  
Control In service and Body  
Mechanics/Back Care In service  
*Requirements*

FLSA Status: \_\_\_ Exempt      \_X\_ Non-Exempt

**ESSENTIAL JOB FUNCTIONS:**

1. Provide physical therapy services to clients of HHCJ
2. Evaluates home environment
3. Assesses/instructs clients
4. Reports to physicians/HHCJ
5. Provides In-service education programs

**JOB DUTIES:**

1. Provides physical therapy services to clients of HHCJ
  - A. Assesses and evaluates therapeutic/rehabilitative/functional status
  - B. Assesses muscle strength, mobility, gait
  - C. Assesses ROM – potential for rehab
  - D. Determines priority need for physical therapy
  - E. Participates in total plan of care
2. Evaluates home environment
  - A. Instructs other personnel and/or family/caregivers in certain phases of physical therapy which they may use in working with a client
  - B. Instructs family/caregivers regarding the goals of physical therapy
  - C. Instructs clients, families and/or caregivers in the use and care of therapeutic appliances

- D. Supervises home health aides participating in rehabilitation regime
  
- 3. Assesses/instructs clients
  - A. Makes referrals for necessary adaptive equipment
  - B. Identifies needs for other home health services and refers as necessary
  - C. May train client in the use of prosthetic devices
  
- 4. Reports to physician and HHCJ
  - A. Reports changes and/or reactions to treatments/condition
  - B. Prepares and submits a clinical progress summary based on the attainment of goals directed by HHCJ policy
  
- 5. Provides In-service Education program
  - A. Provides education programs for nursing agency personnel as needed
  - B. Participates in peer consultation process

**KNOWLEDGE SKILLS AND ABILITIES:**

- Current license to practice physical therapy in the State of Alaska.
- Good oral and written communication skills
- Good organizational skills

**QUALIFICATIONS:**

A degree in physical therapy from an accredited organization. One year appropriate experience as a physical therapist, community/home health or geriatric experience is preferred.

I have read, understand and am able to perform the essential job functions of this position with or without reasonable accommodation.

\_\_\_\_\_  
Employee

\_\_\_\_\_  
Date

**PHYSICAL REQUIREMENTS AND POTENTIAL HAZARDS**  
**Physical Therapist**

The following identifies the physical demands and potential hazards typically encountered by this position. The information is necessary in part to ensure compliance with the Americans with Disabilities Act and the OSHA Bloodborne Pathogens Standards. These can reasonably be anticipated in the normal and customary performance of the essential functions of your work.

**NA:** Not applicable, not required of this position.

**NE:** Requirement is present, but is not essential to the position.

**O:** Occasional, up to 33 percent of the time and essential to the position. (For example, a lifeguard swims only occasionally, but it is essential that a lifeguard be able to swim.)

**F:** Frequent, 34-66 percent of the time.

**C:** Continuous, over 66 percent of the time.

	NA	NE	O	F	C
Sitting			X		
Walking			X		
Standing			X		
Running		X			
Bending or twisting			X		
Squatting or kneeling			X		
Reaching above shoulder level			X		
Climbing (e.g. ladders)		X			
Driving cars, light duty trucks		X			
Driving heavy duty vehicles	X				
Using foot controls	X				
Repetitive motion of hands/fingers				X	
Grasping with hand, gripping				X	

	NA	NE	O	F	C
Lifting/carrying 10-25 pounds				X	
Lifting/carrying 26-50 pounds			X		
Lifting/carrying more than 50 pounds			X		
Pushing/Pulling				X	
Work in/exposure to inclement weather	X				
Work in/exposure to cold water		X			
Exposure to dust, chemicals or fumes		X			
Work/live in remote field sites					X
Use of hazardous equipment (e.g. guns, chainsaws, explosives)	X				
Swimming, scuba diving	X				
Work at heights (e.g. towers, poles)	X				
Exposure to infection, germs or contagious diseases				X	
Exposure to blood, body fluid, or potentially contaminated materials				X	
Exposure to needles or sharp implements		X			
Use of hot equipment (e.g., ovens)	X				
Exposure to electrical current	X				
Seeing objects at a distance	X				
Seeing objects peripherally	X				
Seeing close work (e.g., typed print)	X				
Distinguishing colors	X				
Hearing conversations or sounds				X	
Hearing via radio or telephone		X			
Communicating through speech				X	
Communicating by writing/reading			X		

	NA	NE	O	F	C
Distinguishing odors by smell	X				
Distinguishing tastes	X				
Exposure to wild/dangerous animals	X				
Exposure to insect bites or stings	X				
Work/travel in boat/small aircraft	X				
Exposure to aggressive/angry people			X		
Restraining/grappling with people		X			
Other:					
Other:					

**Items checked above must be consistent with tasks listed.**

Are there any other physical or mental requirements of this position that have not been addressed above?

I have read and understand the potential hazards and able to perform the physical requirements as stated above with or without reasonable accommodation.

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date